

RECIPE

# Mushroom Golden Milk Latte

1 Serving

## Ingredients

- ½ cup canned coconut milk
- 1 ½ cups hot water
- 1 tsp turmeric
- 1 tsp mushroom powder
- 1/2 tsp cinnamon
- 1/4 tsp ginger
- 1/2 tsp vanilla
- 1/4 tsp black pepper
- 1/4 tsp cardamom
- Few drops of stevia (optional)

## Instructions

1. Blend all ingredients in a blender until well combined.

